

## CASE STUDY 1 - A:

A was a young lady with autism who joined New Tomorrow looking for work. A also wanted to study Maths. New Tomorrow were able to fund her studies for Level 2 Maths with Step Into Learning.

With support from her mentor, and using an employer contact who had employed another project participant, A was able to secure work as a cleaner in a care home. A's mentor applied for and secured a work buddy through the government's Access to Work scheme to support A to put systems in place to allow her to progress towards working independently. A was able to drive herself to work once she was familiar with her workplace and location and this offered her both independence, and a regular income.

Although the employment didn't work out long term, A was able to secure 8 months work experience for her CV and has gone on to apply for other jobs, which she feels able to do on her own now, having previously had the support of her work buddy. A has been able to secure herself a cleaning job at a school and has now been in employment for nearly 6 months.

## CASE STUDY 2 - A:

A was diagnosed with ADHD and lost both parents at a young age. He was then evicted from the family home and put into a flat. Estranged from his other siblings, his mental health deteriorated, and he became more and more of a recluse.

Eventually he was referred by the job centre to the New Tomorrow project. His New Tomorrow mentor suggested he did an online training course to give him something positive to do with his time and A identified counselling as a career he might be interested in. A completed a L2 online counselling course and would like to support people in the future by becoming a bereavement counsellor

when New Tomorrow funding ended in February '23, he was then referred by his New Tomorrow mentor to the Foundations for Work project.

A opened up about how he was living in a flat with no curtains, no heating and no money to buy food. He was paranoid about people being able to look into his flat so would crawl on his hands and knees past the windows. He would hide in his bedroom if an unexpected visitor came to the door. Blood tests had found him to be malnourished and he had been unable to get an appointment with his GP so had given up trying. A agreed for a referral to SILC counselling and his FFW mentor also completed a referral to The Cornwall Mental Health Team. A was also supported with a PIP application, which was awarded. This has transformed his life, enabling him to heat his flat and buy food, which has dramatically improved his mental health and wellbeing.