



## **Castle & Coast Therapies Placement Information for Learners**

Castle & Coast Therapies was created in 2021, with two objectives:

- To provide low-cost counselling to the residents of Launceston and Bude as an alternative to NHS and private provision
- To provide placement opportunities to Level 4 Diploma learners who are required to complete 100 practice hours as part of their qualification

Level 4 Diploma learners are encouraged to apply for a placement with Castle & Coast once they have been assessed as 'fit to practice' by their tutor, usually in the second year of the course. Applications usually open in June each year, with a view to the learner starting their placement in August/September.

### **Application process:**

- Submit application to Castle & Coast's Therapies Coordinator
- Shortlisted for interview if application is successful
- Interview is conducted via Teams by the Therapies Coordinator and a qualified Castle & Coast counsellor
- If successful at interview, a placement offer will be made in writing to the learner
- New starter paperwork is sent to the learner to complete and return within a timeframe
- DBS check is completed
- Learner completes mandatory e-learning on safeguarding, prevent, ACEs and suicide
- A comprehensive induction (half-day) is booked in at the Orchard Centre with the Therapies Coordinator
- A Supervisor is sourced and supervision booked in prior to the learner's start date
- Therapies Coordinator sources a client for the learner. The learner will initially start with one client, building up to a maximum of three clients over time and when appropriate to their professional development

The learner will be supported/mentored by the Therapies Coordinator throughout their placement, with regular opportunities for meetings as required. The learner will need to arrange 1.5 hours per month of supervision (BACP requirement) and cover the cost of supervision for the duration of the placement.

The learner will be provided with opportunities to support a range of clients with low to moderate mental health needs. These needs might include anxiety, depression, grief/loss, relationship issues or challenging life events. The learner will not be expected to work outside their level of experience/expertise.

Once the learner's 100 hours are completed, the placement will come to an end. References and/or a placement report can be completed by the Therapies Coordinator on request.

If you would like more information about a placement at Castle & Coast Therapies, please contact:

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